



2022 Participant Guide

Thank you for registering for the 44th running of the Kansas City Running Club's St. Patrick's Day Run.
May the luck o' the Irish be with you!

Packet Pickup:

Friday, March 11th from Noon to 5:00 PM

Garry Gribbles, Ward Parkway Center

[8600 Ward Parkway, Kansas City, MO 64114](#)

Saturday, March 12th race day, from 8:30 to 10 AM

Gambal's Social Club

[4116 Pennsylvania Ave, Kansas City, MO 64111](#)

Concierge Service for groups:

Save time and have your shirts and bib numbers pulled before you arrive! Send us *your name* and the *first and last name of each runner* in your group. We will package them together for easy pick-up. Email your participant info to sarah@resultskc.com by **NOON on March 10th**, to take advantage of this great service. **We will not be able to handle requests after NOON on the 10th and will not be able to reply to your emails after NOON on the 10th.** When you arrive at packet pickup, go to the Concierge area. Do not go to the computers.

Parking:

Park in the Manor Square Parking garage at no charge, in adjacent parking lots or on the street outside of the race staging area.

Restrooms:

Portable toilets are located in the parking lot across from Char Bar at 4050 Pennsylvania Avenue.

Water Stop: There is one water stop at approximately the 1.75 mile mark and you will be able to get water again from that same spot on the way back up the hill at approximately the 2.25 mile mark. If you need water please carry a water bottle.



Schedule:

9:45 – Little Leprechaun Run

9:50- Bagpipes with the Kansas City Ararat Shrine

9:55am When Irish Eyes are Smiling Sing Along, National Anthem and Present Colors

10:00am Elite Runners Start any runner at a 7:30 min or under pace

10:01am Runners and Walkers Start runners over 7:30 min pace and walkers

10:20am Post Race Festival starts (adjacent to the finish line)

Start/Finish:

Runners and Walkers will start just south of the intersection of Westport Rd. and Pennsylvania Ave. Look for the pace signs along the road and line up according to the pace you will run. Your time is recorded when you cross the start line so there is no need to pass anyone until you get to the start line. Elite runners, running a 7:30 min pace or faster, will start two minutes before the remaining runners to avoid congestion at the start.

Strollers are welcome and we ask that you start behind the runners so everyone will be safe! No runners with earbuds, motorized vehicles, roller blades, bikes or dogs will be allowed on the course as our insurance policy does not cover these.

Little Leprechaun Run:

The wee ones will run at approximately 9:45 am before the race begins. And, by wee ones, we mean children, not leprechauns (...although leprechauns are not discouraged from participating).

All kids will receive a short sleeve cotton t-shirt, a gift bag, and a finisher medal when they pick up their packet! The starting line will be near the Finish of the 4Mile run. Distance is about 1 block.

Medical Tent:

Look for the medical tent in the Finish Line Festival area.

Finish Line Festival:

Light snacks will be served after the race. Look for the canopies and visit the many vendor booths. Festive attire is encouraged! Look for the photo op inflatables and backdrops for photographs with your friends and family.

Timing:

This event is timed using a **disposable chip on the back of your bib number**. Pin your bib number to the **FRONT** of your shirt as pictured. No need to return your chip when you are done!

Results will be posted immediately upon crossing the finish line! Go to the results kiosk, in the vendor area and type in your bib number to find your finish time and placement. Results Link.

You can sign up to receive results sent directly to your mobile phone, Facebook, Instagram, and Twitter!

[Click here to sign up.](#)



Awards:

The Kansas City Running Club is pulling some awesome awards out of their pot of gold for those lads and lassies that have an extra kick in their steps on race morning, including some from Garry Gribbles Running Sports.

There will be awards for Top 3 overall male & female finishers, as well as the top 3 male & female finishers in the following age groups: 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+. But the good news is that last place still means you get a finisher medal!

If you win overall or in your age group and want to receive your award without waiting for the awards ceremony, please come to the awards table adjacent to the finish line.

Virtual Race:

If you are participating in the race as a virtual participant, you or a friend can pick up your packet, shirt and finisher medal at packet pickup. Tell the volunteers you are a virtual runner and do not pick up a bib number with a timing chip. Complete the distance whenever and wherever it is convenient for you. If you are unable to pick up your packet, email KCrunchingclub@gmail.com. We will make arrangements for you to pick it up at the Kansas City Running Club's office at 208 W 79th St, KC, MO 64114 beginning the Tuesday after the race. **Email before you stop by.**

If you did not originally sign up for the virtual race but need to switch to the virtual option, shoot us an email at info@resultskc.com as soon as possible or let us know at packet pickup.

Thank you to our many generous sponsors!

Westport Regional Business League

Garry Gribbles Running Sports

Gambal's Social Club

Kelly's Westport Inn

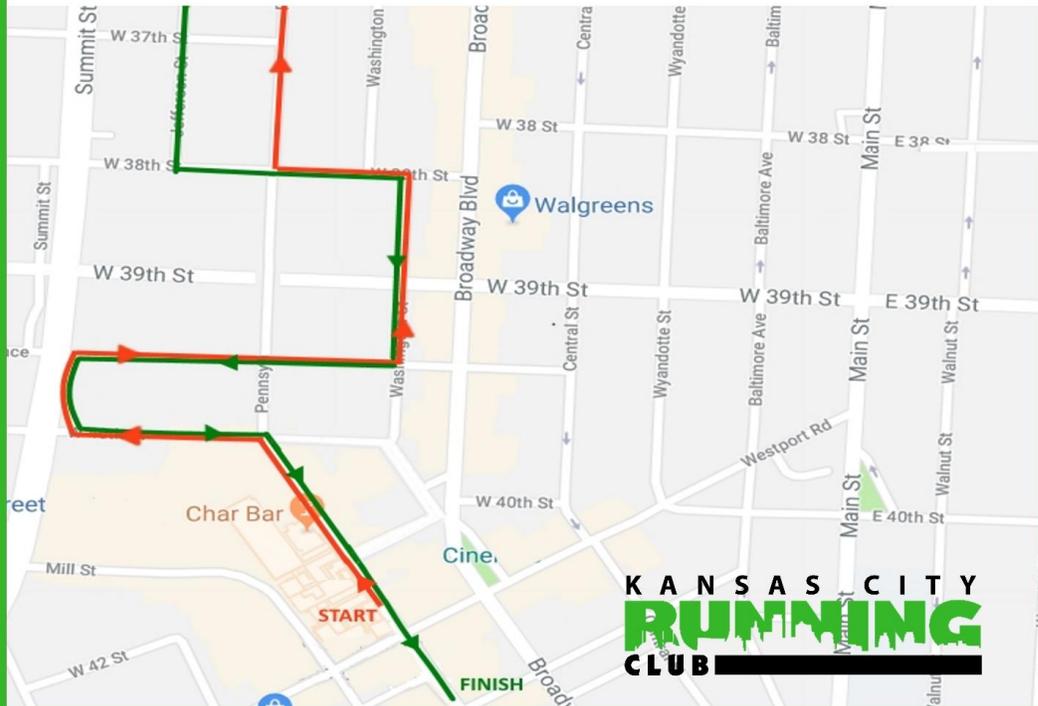
Elite Chiropracti



Course:



Map skips 37th to 34th streets.



#StPatricksDayRun