



Participant Guide

Packet Pickup:

Saturday, March 13th from noon to 5pm

Garry Gribbles, Ward Parkway Center [8600 Ward Parkway, Kansas City, MO 64114](https://www.google.com/maps/place/8600+Ward+Parkway,+Kansas+City,+MO+64114)

Receive 20% from Garry Gribbles with your bib during packet pick up, or on race day.

If you cannot pick up by the close of packet pickup, email info@resultskc.com by midnight the day before or call Garry Gribbles at [\(816\) 363-4800](tel:8163634800). Your packet can be left at the store to pick up any time before the store closes at 8pm. We will **not** be able to retrieve your packets for race morning so you **must** pick up if you choose this option!

Sunday, March 14th race day, from 7 to 8am

Corporate Woods, North Park, 9300 Indian Creek Pkwy, Overland Park, KS 66210

Concierge Service for groups:

Save time and have your shirts and bib numbers pulled before you arrive! Email each group members first and last name to info@resultskc.com by 5am the day before packet pickup and we will package them together for easy pick-up. When you arrive at packet pickup, **DO NOT GO TO THE COMPUTERS!** Look for the Concierge sign and go directly to that area.

Parking:

Park in the lot adjacent to Building 40 or any other Corporate Woods parking lot.

Restrooms:

Portable toilets are located in the parking lot north of Building 40.

Water Stop: There is one water stop at approximately the 2 mile mark.

Schedule:

7:45- Zumba warmup with Genesis Health Club-Ward Parkway Center

7:45am- Little Leprechaun Run

7:55am - When Irish Eyes are Smiling Sing Along, National Anthem and Present Colors

8:00am - Elite Runners Start- any runner at a 7:30 min or under pace

8:01am - Runners and Walkers Start- runners over 7:30 min pace and walkers

8:20am Post Race Festival starts (adjacent to the finish line)



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Start/Finish:

Runners and walkers will start adjacent to Building 40 in Corporate Woods, 9300 Indian Creek Pkwy, Overland Park, KS 66210. Look for the pace signs along the road and line up according to the pace you will run. Your time is recorded at the start line so there is no need to pass anyone until you get to the start line..

Strollers are welcome and we ask that you start behind the runners so everyone will be safe! No runners with motorized vehicles, roller blades, bikes or dogs will be allowed on the course as our insurance policy does not cover these. If you choose to wear earbuds please use in one ear only so you can hear traffic and directions from volunteers.

Little Leprechaun Run:

The wee ones will run at approximately 7:45am at the start line of the race. And by wee ones, we mean children, not leprechauns (...although leprechauns are not discouraged from participating).

All kids will receive a long sleeve t-shirt, goodie bag and finisher medal when they pick up their packet!

Finish Line Festival:

It is also PI Day so you can look forward to your very own mini pie at the finish line!

Look for the canopies and visit the many vendor booths.

Festive attire is encouraged! Look for the photo op inflatables and backdrops for photographs with your friends and family.

Photographs:

Photographers will capture all the great memories. Watch for the link on facebook or go to www.resultskc.com where they will be attached to the results. Video that you can share on social media will be available with your results at www.resultskc.com

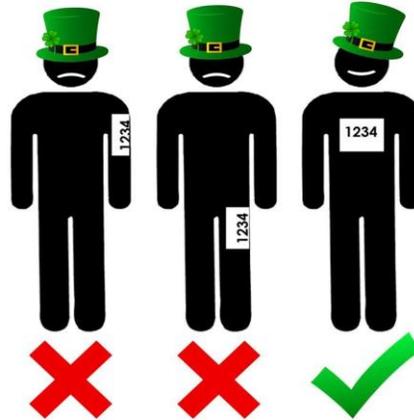
Timing:

This event is timed using a **disposable chip on the back of your bib number**. Pin your bib number to the **FRONT** of your shirt as pictured. No need to return your chip when you are done!



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WANT TO GET YOUR RESULTS?



WEAR YOUR BIB CORRECTLY!

Results will be posted immediately upon crossing the finish line! Go to the results kiosk in the vendor area and type in your bib number to find your finish time and placement. Results Link.

You can sign up to receive results sent directly to your mobile phone, Facebook, Instagram and Twitter! [Click here to sign up.](#)

Awards:

The Kansas City Running Club is pulling some awesome awards out of their pot of gold for those lads and lassies that have an extra kick in their steps on race morning.

Awards will be given in each distance to the top three male and female finishers overall, as well as to the top three finishers in the following age groups: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80, 80+

The Awards Tent will be located within the Finish Line Festival area close to the DJ and Results Tent. First check your results at the Results Kiosk. If you placed in the top 3 overall or in your age group come to the Awards Tent to claim your award. **If you need to leave before awards are announced, we are happy to give you the award early.** Don't even have time for that? Friends can pick up awards for you. If you are unable to pick up your award at the race, email info@resultskc.com to let us know you want your award. The RaceDay Events office is a house converted to office space at 208 W 79th St, KC, MO 64114. You can pick up anytime beginning the Tuesday after the race. Your award will be in a pickup bin in the basement stairwell in the back of the house off the circle driveway. The pickup bins are outside and available to you 24/7 so you can stop by when it is convenient for you with no need to check in with us again.

Team Competition: A Competitive Team consists of 3 or more runners. Prizes will be awarded to the three fastest teams, judged by the total cumulative time for the first 3 finishers on each team (a "cross country" scoring format).

Centipede Team Competition: A Centipede Team consists of 3 or more attached runners. The fastest



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centipede team wins!

Virtual Race:

If you are participating in the race as a virtual participant, you or a friend can pick up your packet, shirt and finisher medal at packet pickup. Tell the volunteers you are a virtual runner and look for the Virtual Runner sign. We will have your packet pulled ahead of time. DO NOT GO TO A COMPUTER to have a bib number assigned to you! Complete the distance whenever and wherever is convenient.

If you are unable to pick up your packet before the race, email info@resultskc.com to let us know you want your packet. The RaceDay Events office is a house converted to office space at 208 W 79th St, KC, MO 64114. You can pick up anytime beginning the Tuesday after the race. Your packet will be in a pickup bin in the basement stairwell in the back of the house off the circle driveway. The pickup bins are outside and available to you 24/7 so you can stop by when it is convenient for you with no need to check in with us again.

If you did not originally sign up for the virtual race but need to switch to the virtual option, email info@resultskc.com as soon as possible or let us know at packet pickup.

Covid Precautions

Runners and volunteers should prescreen on race morning. * see prescreen notes below

Spectators are discouraged. No spectators will be allowed at the start line or finish line area. If you have family or friends with you, they can walk down the road or trail to watch the race and cheer you on.

Runners should maintain a 6 foot distance from others at all times.

Runners should wear a mask in the race staging area, at the start line and finish line. Masks can be removed when you start running.

The run starts at 8:00 AM. Runners will be sent out in waves, No more than 12 runners at the start line at a time. As soon as a wave is about 50 feet down the road, the next wave will start. Runners will leave according to pace with fastest runners leaving first. Your start time begins when you cross the start line.

Hand sanitizer and disinfectant wipes will be available at the starting line, portable toilets, finish line and all areas where there will be touch points.

Finisher medals will be distributed at packet pickup.

Aid stations will be minimally staffed and will have water. Volunteers will fill cups and space them so runners can pick up their own cups without contaminating other cups.

The finish line will have bottled water and pie for runners to pick up.

Runners should put their mask back on as soon as they cross the finish line.

***Prescreening Notes:**

Participants, staff, volunteers, attendees, and spectators must stay home if they are feeling ill or



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experiencing the following symptoms.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

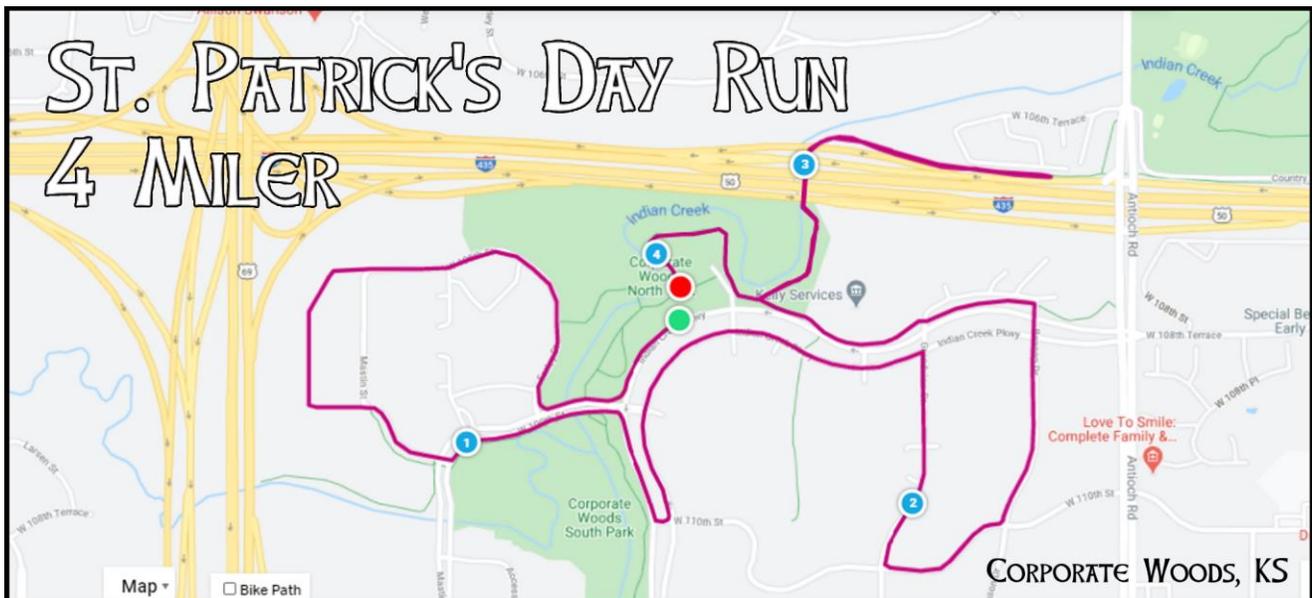
About Benefit Organization:

The Kansas City Running Club is excited to team up with [Big Brothers Big Sisters](#) of Greater Kansas City as our official charity partner. BBBS provides approximately 40 volunteers for our race so tell them thank you when you see them!

Thank you to our many generous sponsors!

Garry Gribbles Running Sports Ward Parkway location
Elite Chiropractic
Genesis Health Club
Fountain City Roller Derby

Course:



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